

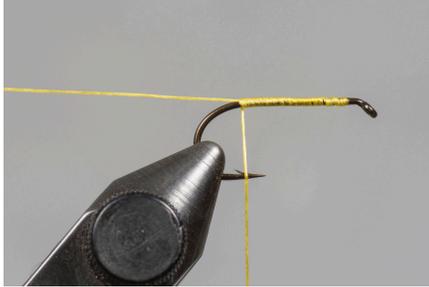
# Fly Pattern Sheet - Foam Caddis

compliments of 2GuysFlyFishing.net

Hook: Standard Dry Fly #10 - 16  
Thread: 70 to 140 Denier, light color to match natural caddis fly bellies  
Underbody: Tying thread  
Tail: None (Caddis flies do not have tails)  
Body: Foam, 1mm by width to match hook size (1/8" to 1/16")  
Underwing: Krystal Flash (Optional)  
Wing: Elk Hair, tone to match naturals  
Hackle: Dry fly quality, to match naturals



Notes: Ok, this fly was stolen, or maybe just borrowed. I actually saw a fly called the Foam Caddis in one of the bins at our local fly shop. Only three materials, and it looked easy to tie. Problem was, it didn't look durable. The foam was just tied to the shank under the wing and hackle, just waiting to be chewed off by some teenager fish. So here's my "improved" version.



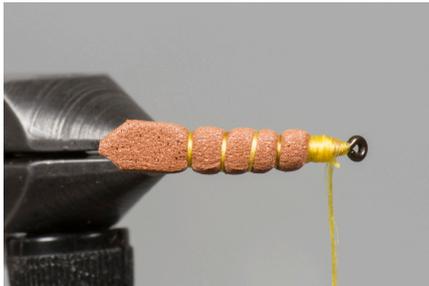
Attach the thread leaving an extra long (6-7") tag as you cover the shank to the rear. This is a #10 hook, and I'm using 140 Denier thread in a dark yellow. The 140 Denier will help with flaring the elk hair, but I have to watch my wrap count.



Wrap the thread back and forth on the rear 3/4 of the shank to bulk up the underbody a bit. Bring the thread to the front 1/4 shank spot.



Tie in the foam strip using a couple of controlling wraps, then ever-tightening binding wraps. Bring the thread back to the tie in spot.



Hold the foam down to the shank and spiral wrap the tag end of the thread over the foam, binding it to the body. Cut the foam to length (just past the hook bend) and trim the end as shown.



Attach a dry fly quality hackle, sized to the hook, on the far side of the shank.



Cut a small bundle of elk hair and stack the tips. Measure the wing to be as long as the foam body. Lay on top of the shank and with a couple of tight wraps flare the hair.



Using your thumbnail, spread the wing out a bit horizontally and add one more wrap. Trim the butt ends short and at a taper as shown. Work the thread to the eye through the hair butts.



Wrap the hackle in touching turns tie off and clip the excess, half-hitch and whip finish, Cut your thread. Put a touch of head cement to the head, and the thread underbody.



Bottom view of the the Foam Caddis showing the lighter colored underbody and the spread of the elk hair wing.

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